

## CURRICULUM VITAE

**1 PERSONAL**

**Full Name:** **Dr David Michael James Kraft**  
**Date of Birth:** 22.12.1973  
**Addresses:** Flat 70, 10 Harley Street  
 Cosmopolitan Court London  
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**BUPA Provider Number:** 30045714  
**DfES No.** 01/35297  
**Websites and Company Names:** [londonhypnotherapyuk.com](http://londonhypnotherapyuk.com); [londonpsychotherapy.co.uk](http://londonpsychotherapy.co.uk)

**2 EDUCATION**

(qualifications are in bold and underlined)

Mill Hill School (Music Scholar) 1987-1992  
 Guildhall School of Music and Drama (Singing Department) 1992-1994  
 transferring to  
 Goldsmiths College, University of London **BMus (Hons)** 1994-1996  
 Middlesex University **PhD** (Mus.) 1996-2001  
 Cambridge University **PGCE** 2001-2002  
 Qualified Teacher Status (QTS) Awarded 2002  
 London School of Management Science **Dip.Cl.Psv.** 2007  
 BST Foundation Certificate in Psychoneuroimmunology 2007  
 BST Foundation Diploma in Clinical Hypnosis **DCHyp** 2007-2008  
 LCP Introductory Course in Psychoanalytic Psychotherapy 2007-2008  
 Open University DSE212 Exploring Psychology 2007-2008  
 BST Foundation Advanced Hypnosis Course **A.Cert.CSHyp** 2008  
 Open University DXR222 Exploring Psychology Project 2008  
 SOAS University of London Thai Beginners' Course 2009-2010  
 Cambridge University *CELTA* (TEFL Course) 2010  
 SOAS University of London Thai Lower Intermediate Course 2010-2011  
 SOAS University of London Thai BA Years 2,3 : Language 2010-2012  
 NCHP. Psychotherapy Training: Certificate 2011-2012  
 NCHP. Psychotherapy Training: **DHP (NC) & ADHP (NC)** 2011-2014  
 NCHP Certificate in PTSD Treatment 2012  
 NCHP. Certified Hypnotic Fertility Practitioner: **CHFP** 2012  
 Kingston University **MSc** Psychology 2012-2013  
 NCHP. Certified Tinnitus Practitioner 2013  
 NCHP. Healthy Weight Coach 2013  
 NCHP. Psychopathology 2013

**3 ONLINE TRAINING**

British Medical Journal Learning (Platinum Certificate) 2011

**4 PERSONAL PSYCHOTHERAPY**

Dr Malcolm Pines & Mr Brian Boswood 1994-1995  
 Dr Ronald Baker 1995-2000  
 Dr James Rose 2007  
 Experiential Group, LCP 2007-2008  
 Mr David Goodhart 2009

**5 PSYCHIATRIC PLACEMENT & INFANT OBSERVATION**

The Pembroke Centre: Early Intervention Service. 2011  
 Central & North West London NHS Foundation Trust  
 Infant observation 2012-2013

**6 CLINICAL SUPERVISION**

450 hrs of clinical supervision [Supervisors:  
 Dr Barry Cripps, Dr Geoff Ibbotson & Mr Tony  
 Gauvain] 2010-2013

**7 SKILLS**

- \* Psychotherapy and hypnosis
- \* Confident at speaking and giving lectures
- \* Academic writing in the field of psychotherapy integration, hypnosis and historical musicology
- \* Quantitative and qualitative research methods
- \* Efficient team worker and manager
- \* Composing and piano accompanying
- \* Conducting—choral and symphonic music
- \* Violin, piano, guitar, bass guitar
- \* Mandolin, organ, harmonica
- \* Drumming and multi-track producing
- \* Singing—opera, musicals and rock
- \* Thai language and cooking
- \* Cricket coaching
- \* Skiing—off piste, moguls, motorway

**7 ENGLISH GRAMMAR & LITERATURE**

Lessons with Perry Keenlyside (grammar and English literature) 1997-2004

**8 MUSICAL EXPERIENCE**

## Residential Music Courses:

Royal School of Church Music 1986  
Eton College Choir Courses (x3) 1988-1990

## Orchestras:

Barnet Schools Symphony Orchestra 1981-1990  
Mill Hill School Symphony Orchestra and Chamber Orchestra (leader) 1987-1992

## Choirs:

Goldsmith's College (University of London) 1994-1996  
Christ Church, Southgate 1983-1992  
Mill Hill School Choirs and Chamber Choir 1987-1992  
Guildhall Choir 1992-1994  
The Elizabethan Singers 1992  
The Philharmonia Chorus 1999-2000

## Singing Teachers:

Tim Jones ('The Sixteen') 1988-1990  
Susan McCulloch (Head of Singing Dept. TCL/Professor at GSMD) 1990-1992

## Private Teaching:

David Pollard (Professor at GSMD) 1992-1995  
Member of the Private Teachers' Section of the I.S.M. 1995-2002  
Piano Accompanist 1995-present

## Music Jobs:

Choral Assistant at St. Michael's Church, Highgate 1995-1998  
Conductor of The Winchmore Choir 1996-1997

## Bands:

Western Star Dominoes (Rock - keyboards and bass guitar) 1991-1994  
Problem Hair (Rock – bass guitar and vocals) 1992-1995  
The Jake Vegas Experience 1993-1994  
The Oakapple Band (Barn Dance/Country – violin) 1995-present  
Bands with Jake Vegas and Prince Monolulu 2014-present  
Denvir Jet and the Shockwaves 2014-present

## Published (released) Recordings:

'Slightly Floored': LP by Problem Hair (lead vocalist) 1995  
'Hey Mom! The Garage is on my Foot' (feature track) 1995  
'13 Boundary Street' (S. Ming & Problem Hair) 1995  
'Million Girl': Album by Dave Kraft 2013

## Released Musical Contributions:

Violin on Vibrasonic's Debut Album 1995  
Violin on Holly Golightly's 'The Main Attraction' 1995  
'Perverella': The Dave Kraft Five: Lavininia's Theme 1996/9  
Violin on Holly Golightly's 'Up the Empire' 1998  
Dave Kraft on 'This is Ming Beat' (2 feature tracks) 2009  
Violin on 'The Last Nightingale' & 'Sunshine on a Warm Brick Wall' by The Hardy Tree 2010

<b>9 APPOINTMENTS AND POSITIONS HELD; JOBS</b>	The Cavendish School, Herts: Teacher of Music	2002-2007
	Head of Year/Assistant Key Stage Manager	2005-2007
	St James Independent School for Girls, Kensington: Director of Music	2008
	<b>Registered Psychotherapist in Private Practice</b>	2008-present
	Work Experience: Spicy Thai Café, Finchley	2009-2010
<b>10 COMMITTEES &amp; SOCIETIES</b>	Member of the Lea Valley Committee (The Incorporated Society of Musicians)	1998-1999
	Staff Governor, Cavendish School	2004-2007
	Member of the Hypnosis & Psychosomatic Medicine Section of the Royal Society of Medicine	2004-present
	<b>Fellow of the Royal Society of Medicine (00585870)</b>	2010-present
	<b>Council Member of the Section of Hypnosis &amp; Psychosomatic Medicine</b>	2014-present
	Student Member of the British Psychological Society	2008-2010
	Validated Practitioner with the General Hypnotherapy Register ( <b>GHR Reg.</b> ), holding the <b>GQHP</b>	2008-2013
	Member of The British Society of Clinical & Academic Hypnosis (BSCAH) (593)	2008-present
	<b>Secretary for BSCAH Mets and South Branch</b>	2013-present
	<b>International Advisory Board Member of the International Journal of Psychotherapy</b>	2012-present
	Reviewer for the International Journal of Psychology & Behavioral Sciences	2012-2015
	<b>Reviewer for the Journal of Psychology and Psychotherapy Research</b>	2012-present
	<b>Member of the British Psychological Society (MBPsS) (247935)</b>	2013-present
	<b>Fellow of the National Society of Hypnosis &amp; Psychotherapy (4198) (FNSHP)</b>	2014-present
	<b>Registered UKCP Psychotherapist (2011163944)</b>	2014-present
	<b>Recognized Psychotherapist with BUPA Accreditation with BSCAH (BSCAH Accred.)</b>	2014
<b>Member of National Council for BSCAH</b>	2014-present	
<b>11 THAI COOKING</b>	Certificate in Royal Thai Cuisine (04 Apr)	2011
	Blue Elephant Cooking School Bangkok Thai Cooking Training (30-31 Aug 2012; 17-19 Dec 2012; 12-14 Aug 2014)	
	Happy Home, Chonburi, Thailand	2012-2014
<b>12 PUBLICATIONS (BOOKS)</b>	Kraft D (2013). Birdsong in the music of Olivier Messiaen. London: Arosa Press. <a href="#">ISBN 978-1477517796</a> .	
<b>13 PUBLICATIONS (ARTICLES &amp; CHAPTERS)</b>	(1) Kraft T & Kraft D (2004). Creating a virtual reality in hypnosis: a case of driving phobia. <i>Contemporary Hypnosis</i> , 21 (2): 79-85.	
	(2) Kraft T & Kraft D (2005). Covert sensitization revisited: six case studies. <i>Contemporary Hypnosis</i> , 22 (4): 202-209.	
	(3) Kraft T & Kraft D (2006). The place of hypnosis in psychiatry: its applications in treating anxiety disorders and sleep disturbances. <i>Australian Journal of Clinical and Experimental Hypnosis</i> , 34 (2): 187-203.	
	(4) Kraft T & Kraft D (2007). An integrative approach to the treatment of hyperhidrosis: review and case study. <i>Contemporary Hypnosis</i> , 24 (1): 38-45.	
	(5) Kraft T & Kraft D (2007). The place of hypnosis in psychiatry, part 2: its application to the treatment of sexual disorders. <i>Australian</i>	

- Journal of Clinical and Experimental Hypnosis, 35 (1): 1-18.
- (6) Kraft T & Kraft D (2007). Irritable Bowel Syndrome: symptomatic treatment approaches versus integrative psychotherapy. *Contemporary Hypnosis*, 24 (4): 161-177.
- (7) Kraft D (2009). Tribute to Dr Thomas Kraft for BSCAH' British Society of Clinical and Academic Hypnosis Newsletter, 3 (1): 11-12.
- (8) Kraft D (2009) Obituary: Thomas Kraft' *British Medical Journal*, 338: b265.
- (9) Kraft T & Kraft D (2009). The place of hypnosis in psychiatry, part 3: the application to the treatment of eating disorders. *Australian Journal of Clinical and Experimental Hypnosis*, 37 (1): 1-20.
- (10) Kraft D & Kraft T (2010). Use of in vivo and in vitro desensitization in the treatment of mouse phobia: review and case study. *Contemporary Hypnosis*, 27 (3): 184-194.
- (11) Kraft D (2010). A tribute to Tom Kraft (1932-2008): psychiatrist, integrative psychotherapist, and teacher. *Contemporary Hypnosis*, 27 (3): 221-224.
- (12) Kraft D (2011). The place of hypnosis in psychiatry, part 4: its application to the treatment of agoraphobia and social phobia. *Australian Journal of Clinical and Experimental Hypnosis*, Vols 38 (2) & 39 (1): 91-110.
- (13) Kraft D (2011). Sharing experience: the waiting room. *British Society of Clinical and Academic Hypnosis Newsletter*, 5 (2): 22-24.
- (14) Kraft D & Hawkins PJ (2011). Eating disorders. In Les Brann, Jacky Owens, Ann Williamson (eds.) *The Handbook of Contemporary Clinical Hypnosis: Theory & Practice* (pp425-440). Wiley-Blackwell: Chichester.
- (15) Kraft D (2011). Counteracting resistance in agoraphobia using hypnosis. *Contemporary Hypnosis & Integrative Therapy*, 28 (3): 235-248.
- (16) Kraft D (2012). Panic disorder without agoraphobia. A multi-modal approach: solution-focused therapy, hypnosis and psychodynamic psychotherapy. *Journal of Integrative Research, Counselling and Psychotherapy*, 1 (1): 4-15.
- (17) Kraft D (2012). Successful treatment of heavy smoker in one hour using split screen imagery, aversion, and suggestions to eliminate cravings. *Contemporary Hypnosis & Integrative Therapy*, 29 (2): 175-188.
- (18) Kraft D (2012). Comment on Zimmerman's use of the river metaphor in irritable bowel syndrome treatment. *American Journal of Clinical Hypnosis*, 55 (2): 160-167.
- (19) Kraft D (2013). The place of hypnosis in psychiatry part 5: treatment of specific phobias—animal and situational subtypes. *Australian Journal of Clinical and Experimental Hypnosis*, 40 (2): 88-113.
- (20) Kraft D (2013). Open access publishing. *British Society of Clinical & Academic Hypnosis Newsletter*, 7 (3): 12-13.
- (21) Kraft D (2014). BSCAH Twitter. *British Society of Clinical & Academic Hypnosis Newsletter*, 8 (2): 17.
- (22) Kraft D (2015). Successful treatment of snoring using hypnosis. *Contemporary Hypnosis & Integrative Therapy* 30 (4): 179-188.
- (1) 'The move to Boulez' world: the early years'. BMus Dissertation, Goldsmiths' College, University of London, 1996.
- (2) 'The birdsong of Olivier Messiaen'. PhD Thesis, Middlesex University, 2000.
- (3) 'Anecdotes, stories, wonderment: an analysis of the use of illustrations in teaching. PGCE Dissertation, Cambridge University, 2003.
- (4) 'How is hypno-psychotherapy effective in the treatment of specific

**14 UNPUBLISHED  
DISSERTATIONS**

phobias?' Psychotherapy Training Dissertation. National College of Hypnosis and Psychotherapy, 2012.

(5) 'Representations of psychoanalysis in UK university psychology departments: a qualitative analysis'. MSc Psychology Dissertation, Kingston University, 2013.

**15 LECTURES PRESENTED**

(1) The place of hypnotherapy in psychiatry (part 1): the application of hypnotherapy in anxiety and sleep disorders. Conference presentation of the Section of Psychiatry. The Royal Society of Medicine, 08/03/2005.

(2) The rôle of hypnosis in psychiatry (part 2): the application of hypnosis to psychosexual disorders. Conference presentation of the Section of Hypnosis and Psychosomatic Medicine. The Royal Society of Medicine, 03/04/2006.

(3) The treatment of IBS: integrative psychotherapy versus symptomatic approaches'. Conference presentation of the Section of Hypnosis and Psychosomatic Medicine. The Royal Society of Medicine, 01/10/2007.

(4) Throw out the cravings with the cigarettes: successful treatment of a heavy smoker in one hour using split screen imagery, aversion and suggestions to eliminate cravings. Conference presentation of the Section of Hypnosis and Psychosomatic Medicine. The Royal Society of Medicine, 06/06/2011.

(5) The place of hypnosis in psychiatry: an overview. 'The Summit'. National College of Hypnosis and Psychotherapy Conference. The Grand Hotel, Leicester, 08/06/2013.

(6) An introduction to hypnosis for dentists. The London Day Surgery Centre, 27/09/2013.

**16 TRAINING EXPERIENCE**

Involved in teaching doctors, dentists and psychologists with the British Society of Clinical and Academic Hypnosis (BSCAH): Introductory course (2013) and Foundation training (2014; 2015).

**17 RADIO INTERVIEWS**

(1) Interview on BBC London on Phobic Disorders, 22/09/09.

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